#### WEEK COMMENCING: 19TH APRIL 10TH MAY 31ST MAY 21ST IUNE 12TH IUI Y 13TH SEPTEMBER 4TH OCTOBER

WEEK COMMENCING, 191111WIN, 91911WIN, 2191 JOHE, 12111 JOEL, 12111 JOEL, 4111 OCTOBER						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Red Onion & Sweetcorn Pizza with Rice or Potato Wedges	Chicken & Sweetcorn Meatballs in Tomato Sauce with Rice	Roast Turkey with Roast Potatoes & Gravy	Beef Lasagne	Fish Fingers or Battered Fish 🗝 with Chips		
Chickpea & Mixed Vegetable Balti 🕞 with Rice or Potato Wedges	Quorn Meatballs in Tomato Sauce 🥯 with Rice	Roasted Vegetarian Strips V with Roast Potatoes & Gravy	Vegetable Lasagne 💟	Cheese, Tomato & Basil Pastry 💟 with Chips		
Jacket Potato with ♥ Cheese & / or Beans			Jacket Potato with Salmon Mayonnaise			
Peas & Cauliflower	Sweetcorn & Broccoli	Carrots & Green Cabbage	Green Beans & Sweetcorn	Peas & Baked Beans		
Apple & Peach Cinnamon Pie 🔍 with Custard	Fruity Flapjack	Peach Fool	Shortbread	Chocolate Beetroot Brownie		
or Fruit Platter or Yoghurt & Compote	or Fruit Platter or Cheese & Crackers	or Fruit Platter or Yoghurt & Compote	or Fruit Platter or Cheese & Crackers	or Fruit Platter or Yoghurt & Compote		



**KEY** 

Vegetarian

Plant Based **Vegan Friendly** 

#### WEEK COMMENCING: 26TH APRIL, 17TH MAY, 7TH JUNE, 28TH JUNE, 19TH JULY, 30TH AUGUST, 20TH SEPTEMBER, 11TH OCTOBER **TUESDAY** WEDNESDAY **THURSDAY MONDAY FRIDAY** Margherita Pizza Chicken & Apple Sausage Plait Roast Chicken Fish Fingers or Breaded Fish Beef Penne Bolognese with Mashed Potatoes with Rice or Potato Wedges with Roast Potatoes & Gravy with Chips Butternut & Vegetable Plait 😌 Roast Vegetable and Lentil Loaf 👻 Roast Vegetable Calzone Vegetable Chilli Con Carne Cheese & Tomato Pasta Bake V with Rice or Potato Wedges with Mashed Potatoes with Roast Potatoes & Gravy with Chips Jacket Potato with Tuna Mayonnaise Jacket Potato with Tuna Mayonnaise or Cheese or Beans or Cheese or Beans Green Beans & Sweetcorn Peas & Cauliflower Broccoli & Carrots Vegetable Medley Peas & Baked Beans Oat Dream Cookie Cherry Cinnamon Muffin Apple & Berry Sponge with Custard Frozen Strawberry Yoghurt Orange Jelly & Mandarins 😌 or Fruit Platter or Yoghurt & Compote or Fruit Platter or Cheese & Crackers or Fruit Platter or Yoghurt & Compote or Fruit Platter or Cheese & Crackers or Fruit Platter or Yoghurt & Compote

WEEK COMMENCING, 3KD MAY, 24TH MAY, 14TH JONE, 3TH JOLY, 6TH SEPTEMBER, 27TH SEPTEMBER, 16TH OCTOBER						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Quorn Sausage ❖ with Potato Wedges	Moroccan Beef with Rice	Roast Gammon with Roast Potatoes & Gravy	BBQ Chicken Pasta Bake	Fish Fingers or Breaded Fish 🗝 with Chips		
Roasted Pepper Pizza V with Potato Wedges	Honey & Ginger Vegetable Strips Stir Fry 🔻 with Rice	Macaroni Cheese 🔻	Vegetable & Lentil Bolognese 👽	Baked Bean & Cheese Puff V with Chips		
Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans					
Carrots & Cauliflower	Sweetcorn & Cabbage	Carrots & Broccoli	Green Beans & Sweetcorn	Peas & Baked Beans		
Frozen Toffee Yoghurt	Fruit & Chocolate Pinwheel	Strawberry Jelly	Lemon & Courgette Muffin	Apple Crumble and Custard		
or Fruit Platter or Yoghurt & Compote	or Fruit Platter or Cheese & Crackers	or Fruit Platter or Yoghurt & Compote	or Fruit Platter or Cheese & Crackers	or Fruit Platter or Yoghurt & Compote		

WEEK COMMENCING: 3PD MAY 2/TH MAY 1/TH II INF 5TH II II V 6TH SEPTEMBER 27TH SEPTEMBER 18TH OCTOBER

# INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Before you read on, we'd also like to reassure you that our service is safe and has been carefully reviewed throughout the pandemic, with adjustments made where needed. Our catering teams have received training, to ensure they are following Government guidance at all times, and our local managers have assessed and will continue to review the service.

Thank you and please get in touch if you have any questions or suggestions!



Click here for Meal Ordering and Payment infomation



### YOUR SCHOOL LUNCHES ARE:

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

heck out this tasty sweet potato, entil and chickpea curry recipe!



# Terrific

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



#### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



#### OR KS2 CHILDREN, OUR IEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches** 



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

# EVEN HEALTHIER & STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.





Charlotte Quick, Company Nutritionist, explains a little about **how we build our menus** 

# THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!

#### **CONTACT US:**



Payments and Meal Ordering

**Nutrition Guidance** 





**General Enquiries** 

#### **FOLLOW US:**



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